

Ringworm

WHAT IS RINGWORM?

Ringworm is a germ that causes a skin infection anywhere on the body. When the infection is on the foot, it is called "athlete's foot" and when on the groin, it is called "jock itch".

WHAT ARE THE SYMPTOMS?

red itchy bumps

red itchy rings or rash

red peeling skin between toes

HOW CAN I GET RINGWORM?

Coming into close contact with someone who has ringworm or an animal that has ringworm

Coming into contact with objects that someone with ringworm has used. These can include:

Clothing

Towels

Bed sheets

Combs

Brushes

Hats

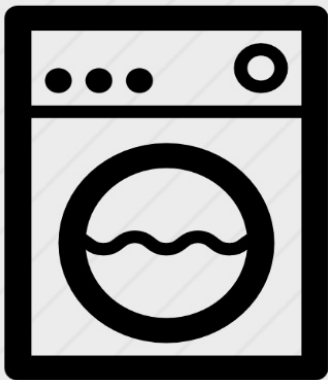
HOW CAN I PREVENT RINGWORM?

Avoid direct contact with someone who has ringworm or the objects that can spread it

Wash towels and clothes in hot water

Keep skin clean and dry

Don't walk barefoot in locker rooms and wear shower shoes in public showers



More Info:

<https://www.cdc.gov/fungal/diseases/ringworm/>



ARIZONA DEPARTMENT
OF HEALTH SERVICES